



DIXONS
SIXTH FORM
BRADFORD

SUMMER WORK

**BTEC HEALTH &
SOCIAL CARE
EXTENDED
DIPLOMA
(TRIPLE)**

STUDENT NAME:

20
26

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About the Summer Work

This booklet contains a number of tasks that students are expected to complete to a good standard in order to be able to be enrolled in this subject.

Information about how you would like the summer work to be completed on A4 paper and brought to first lesson,

The work handed in should be:

- written in black or blue ink on A4 lined paper
- written in full sentences with no copying and pasting from external sources
- have all compulsory tasks completed
- have student's full names on each sheet
- multiple sheet should be connected together

Welcome to Health & Social Care Extended Diploma

Subject outline

What does it mean to study Health & Social Care?

A true love of Health and Social Care involves learning about the domain Health and Social Care. We teach beyond the specification requirements but do ensure students are well prepared to be successful in their qualifications.

What does an excellent student of Health & Social Care look like?

- The student goes over the PowerPoints at home.
- Does research via the recommended textbook and the web
- Attends every lesson
- Bring their equipment with them: folders, stationary, note pad

How does your subject relate to you in the year 2027?

What core skills or attributes will your subject develop?

Cognitive and problem-solving skills: use critical thinking, approach non-routine problems applying expert and creative solutions, use systems and technology.

- Intrapersonal skills: communicating, working collaboratively, negotiating and influencing, self-presentation.
- Interpersonal skills: self-management, adaptability and resilience, self-monitoring and development.

What sort of work will students be expected to do outside of lesson time?

Our belief is that homework should include deliberate practice of what has been modelled and taught in lessons, as well as spaced revision to ensure students are developing high level skills with precise knowledge and informed understanding of Health and social care. In addition, students are empowered to extend content that teachers have introduced, in order to achieve subject mastery.

-Coursework

-Researching topics in Health & social care

-Responding back to feedback to assessments



How will the course be assessed?

Course Overview:

The course is split into 8 units:

Completion of the 4 Extended Certificate units in Year 1 and 2; and **4 Diploma units** in Year 1 and 2,
Completion of the 5 Extended Diploma units in Year 1 and 2. **13 units in total over two years.**

Extended Certificate units:

Year 1:

UNIT 1 Human life span development (MANDATORY) External (Exam)
UNIT 2 Working in Health & Social Care (MANDATORY) External (Exam)

Year 2:

UNIT 5 Meeting individual's care and support needs (MANDATORY) Internal (Course work)
UNIT 14 Physiological disorders and their care (OPTIONAL) Internal (Course work)

Exam Requirements

Exam Board: Pearson Edexcel	Unit 1 Human life span development	Unit 2 Working in Health & Social Care
Exam Code	31490H	31491H
Percentage of A level	25%	33%
Marks available	90 marks (24 UMS)	80 marks (32 UMS)
Exam Date	Jan 2027	May 2027

Assessment:

Unit 1 Human life span development -Written exam set and marked by Pearson. (1.5 hours).

Unit 2 Working in Health & Social Care - Written exam set and marked by Pearson. (1.5 hours).

Diploma units:

Year 1:

UNIT 4 ENQUIRIES INTO CURRENT RESEARCH IN HEALTH AND SOCIAL CARE MANDATORY INTERNAL
UNIT 7 PRINCIPLES OF SAFE PRACTISE IN HEALTH AND SOCIAL CARE MANDATORY INTERNAL

Year 2:

UNIT 8 PROMOTING PUBLIC HEALTH MANDATORY EXTERNAL
UNIT 19 NUTRITIONAL HEALTH OPTIONAL INTERNAL

Exam Requirements

Exam and coursework Requirements

Exam Board: Pearson Edexcel	Unit 4 Enquiries into Current Research in Health and Social Care	Unit 7 Principles of Safe Practice in Health and Social Care
Exam Code	31494H	N/A coursework
Percentage of A level	33%	25%
Marks available	65 marks (32 UMS) 120GLH	90GLH (24 UMS)
Exam Date/coursework completion date	Jan 2027	May 2027

Assessment:

Unit 4: Enquiries into Current Research in Health and Social Care

- A task set and marked by Pearson and completed under supervised conditions.
- Learners will be provided with a research article (Part A) four weeks prior to a supervised assessment period in order to carry out secondary research.
- Learners should compile notes on their secondary research in monitored sessions of six hours scheduled by the centre.
- The supervised assessment period (Part B) is undertaken in a single session of three hours.
- Written submission. 65 marks.

Unit 7: Principles of Safe Practice in Health and Social Care

- Internally set and moderated coursework unit
- Externally verified and checked by Pearson

Extended Diploma units

The extended diploma element contains 5 units below:

Year 1:

Unit 6 Work Experience in Health and Social Care Mandatory Internal 60 GLH
Unit 3 Anatomy & Physiology Mandatory External 120 GLH
Year 2: Unit 9 Infection control Optional Internal 60 GLH

Unit 18 Assessing children's development and support needs Optional Internal 60 GLH
Unit 10 Sociological perspectives Optional Internal 60 GLH

Exam Board: Pearson Edexcel	Unit 3	Unit 6
	Anatomy and Physiology for Health and Social Care	Work Experience in Health and Social Care
Exam Code	31493H	N/A coursework
Percentage of A level	33%	17%
Marks available	90 marks (32 UMS) 120GLH	60GLH (16 UMS)
Exam Date/coursework completion date	May 2027	Jun 2027

Unit 3: Anatomy and Physiology for Health and Social Care

- Written exam set and marked by Pearson.
- 1.5 hours.
- 90 marks.

Unit 6: Work Experience in Health and Social Care

- Internally set and moderated coursework unit
- Successful completion of a two-week work experience placement
- Externally verified and checked by Pearson

Unit 18: Childhood Development

- Internally set and moderated coursework unit
- Externally verified and checked by Pearson

Unit 10: Sociological Perspectives in Health and Social Care

- Internally set and moderated coursework unit
- Externally verified and checked by Pearson

Unit 18: Infection Control

- Internally set and moderated coursework unit
- Externally verified and checked by Pearson

Specification:



Careers & Higher Education

What degrees are linked to Health & Social Care

- Adult Nursing BSc (Hons)
 - Children's Nursing BSc (Hons)
 - Healthcare Practice BSc (Hons)
 - Learning Disabilities Nursing BSc (Hons)
 - Mental Health Nursing BSc (Hons)
 - Midwifery with Registered Midwife BMid (Hons)
 - Midwifery with Registered Midwife BMid (Hons) for Registered Nurses (Adult)
 - Nursing Associate FdSc
 - Nutrition (Exercise and Health) BSc (Hons)
 - Nutrition (Human Nutrition) BSc (Hons)
 - Social Work BA (Hons)
 - Working with Children & Young People: Social Pedagogy BA (Hons)
 - Occupational therapist
-

What careers can lead on from studying this subject or gaining this qualification?

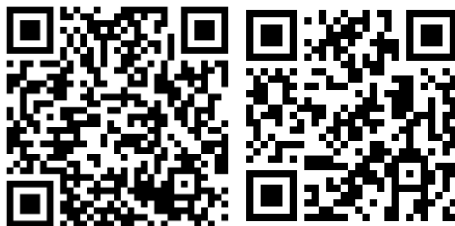
- Occupational therapist.
- Care worker
- Rehab worker
- Counsellor
- Social worker
- Health visitor
- Paramedics
- Nursing

For which jobs is this qualification essential?

- Primary care services
- Domiciliary care
- Residential care homes
- Day services
- Assisting supported living

How does Health & Social Care link with the local labour markets in Bradford?

Where could you look for further career options?



Health

Social Care

SCAN ME

Where could you look for further career options?



Summer work tasks

Task 1: Extended Certificate units

Essential task –

Knowledge building Human life span

Identify & describe the 6 life stages

Describe the developmental changes that would occur for each life stage in terms of physical, intellectual, emotional, and social.

Use this link to help you through this task.

[Revision guide Unit 1 Part A.pdf](#)



1. Infancy 0-2 years old

2. Early Childhood 3-8 years old

3. Adolescence 9-18 years old

4. Early Adulthood 19-45 years old

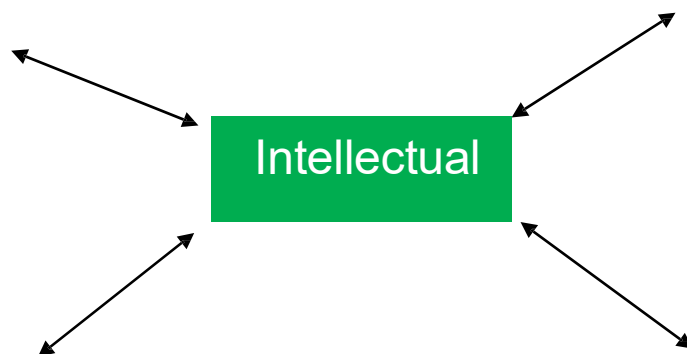
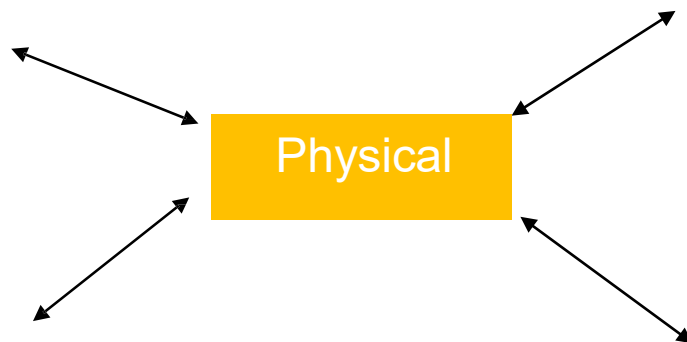
5. Middle Adulthood 46-65 years old

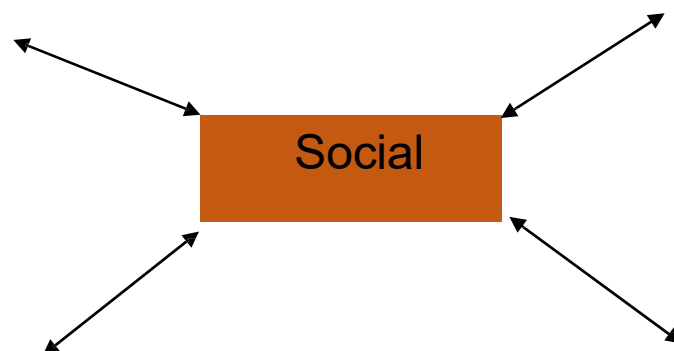
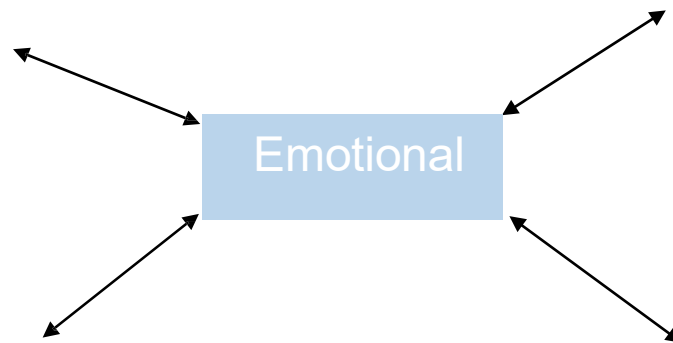
6. Later Adulthood 65+ years old

Task 2

Use the link to complete the mind maps of what is involved in physical, intellectual, emotional, and social development.

[Revision guide Unit 1 Part A.pdf](#)





Task 3 research important cases in H&Sc Create a short summary on the cases
The following YouTube links will help you gain a stronger insight

Staffordshire hospital :

<https://www.youtube.com/watch?v=iHXOFS9ec2Q>

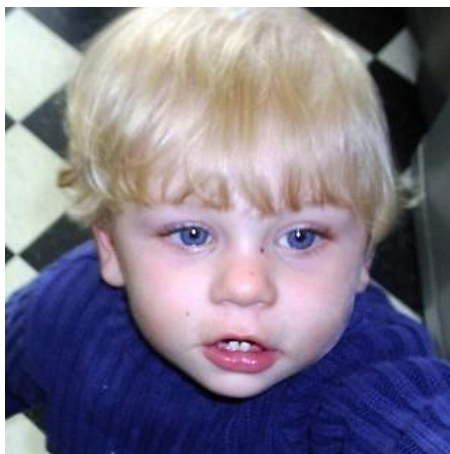
Winterbourne view :

<https://www.youtube.com/watch?v=IStly8huR6A>

Baby Peter : <https://www.youtube.com/watch?v=-SUqyox5DDA>

Vitoria Climbié : <https://www.youtube.com/watch?v=9x6VNEE-54s>

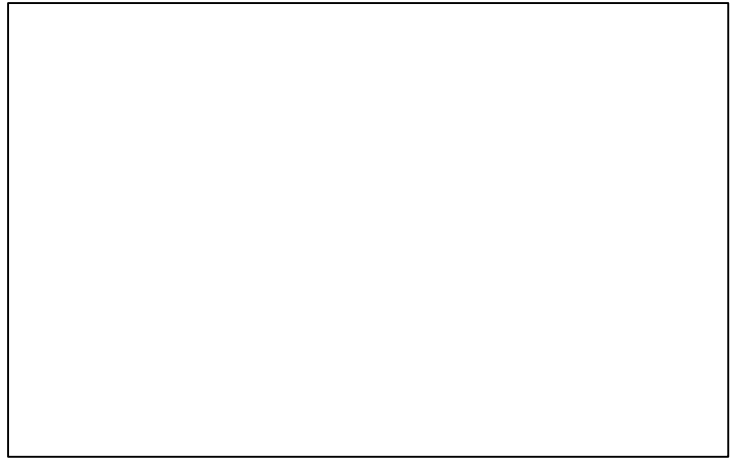
Baby Peter



Vitoria Climbié



Staffordshire hospital



Winterbourne View



Task 4: Define the following research methods.

Summarise the advantages and disadvantages for each method.

Include the websites and resources, that you used to 'research' the information.

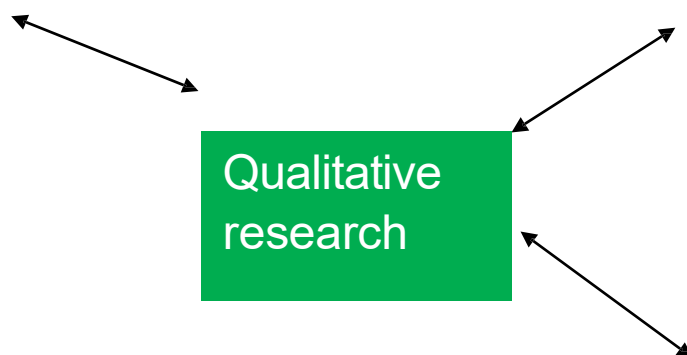
1. Interviews:

2. Case studies

3. Scientific experiment

4. Observation

Task 5 - Each mind map has a command word which is used in research method unit. Could you mind map what is involved in quantitative research, qualitative research, primary and secondary research.



Task 6:

Below is a guide how to reference other individuals work and research. There are also examples provided.

Choose a book and webpage to reference.

Challenge yourself further choose an online journal to reference.

	Format	Comment
Author/Editor	Surname, initial	Always first in bold . Surname followed by initials. Include ALL authors. Do not use et al. If book has editor enter Ed. after name. If no author, use corporate body responsible for information, e.g. RSPCA
Date of Publication	Year	Full stop after date. If no date found use: Not dated
Title	<i>In italics</i>	<u>Book</u> - Include both title and subtitle separated by a colon, all italics <u>Journal</u> – Article Title first, followed by <i>Journal Title in italics</i>
Edition	2 nd 3 rd 4 th	Do not include this if it is a first edition
Place of Publication & Publisher	Place: publisher	Separated by a colon
Series		If there is any information relating to a series, this is placed at the end of the citation
Journal Issue Details	Volume number (part/issue)	Volume in bold part/issue number in brackets
Page Number	pp 34-43	p for single page pp for multiple pages
URL	Available from:	Full web address of the resource
Date Accessed	Full date	In brackets with the date you viewed it

Book reference:

Website reference:

Journal reference:

Now try to use an online tool to complete the referencing, we recommend

[MyBib – A New FREE APA, Harvard, & MLA Citation Generator](#)

Extended Diploma tasks:

Task 7: Research 4 different health and social care settings (organisations) in Bradford.

Include the address and telephone number and the type of care the setting offers.

Settings could be in the following: hospital, doctor's surgery, care homes, nursing homes, children's centre, and other appropriate H&Sc settings.

Email or call the setting to find out if they can offer you work experience.

1.

2.

3.

4.



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**Task 8 - Mind map the qualities you would have as the following practitioner.
Explain the importance of having the qualities.**

Use the links below to help you!

<https://www.healthcareers.nhs.uk/explore-roles/wider-healthcare-team/roles-wider-healthcare-team/clinical-support-staff/healthcare-assistant>

<https://www.healthcareers.nhs.uk/explore-roles/nursing/roles-nursing/adult-nurse>

Health care assistant



Adult Nursing



Task 9:

You will need a DBS when working in H&Sc setting.

A DBS check is a record of a person's criminal convictions and cautions – carried out by the Disclosure and Barring Service.

It is an essential requirement for those applying to work with children or vulnerable adults (e.g. in teaching or healthcare) – and the information shown is used to ascertain a candidate's suitability for a role.

Read the government DBS link below, your task is to list all the elements required to successfully complete your DBS.

<https://www.gov.uk/government/publications/dbs-application-forms-guide-for-applicants/dbs-application-form-guide-for-applicants>

Reading list

