

BTEC Level 3 National Extended Certificate in Sport

What the course covers

A BTEC extended certificate in sport is a vocational course. Students learn by completing projects and assignments based on realistic workplace situations, activities and demands where you will focus on and develop a range of specialist skills and knowledge. It is equivalent to one A Level so when you have finished the course you can use it either to get a job in the leisure industry or alongside other qualifications to study for a degree in sports studies and science, sports psychology, leisure management, recreation management or teacher training. As there is an emphasis on anatomy and physiology, students can also use this course to apply to study physiotherapy.

The Extended Certificate in Sport is equivalent to one A Level. It is made up of 4 units, 3 of which are compulsory and 1 is optional.

The units studied are:

- Anatomy and physiology
- Fitness training and programming for health, sport and well-being
- Professional development in the sports industry

Plus one optional unit.

2 units will be covered in Year 1 with the remaining 2 units covered in Year 2. The course also involves regular practical sport sessions.

The complete specification can be viewed on Pearson's website: [qualifications.pearson.com](https://www.pearson.com/qualifications/btec)

What students can do with this course

Many students progress onto degrees or higher apprenticeships in sports therapy, personal training, sports studies, coaching, human movement studies, leisure and recreation courses or train to be physical education teachers. This course is also a suitable basis for anyone wishing to continue on to physiotherapy, sports science and sports retail.

How this course is assessed

The anatomy and physiology and the fitness training and programming for health, sport and well-being units are externally assessed. All the other units are internally assessed and graded individually and an overall grade for the qualification is awarded upon successful completion of all units. Grades awarded are at pass, merit, distinction or distinction* level.

Entry requirements

All our course entry requirements are detailed in the entry requirements document located in the admissions section of our website.

