Integrity
Curiosity
Respect



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BTEC

Sport

WHAT IS BTEC SPORT?

The BTEC Sport course gives the learner the skills and confidence needed to progress to a fulfilling, exciting career in the sport and fitness industry. The course gives a real-life feel of the multi-disciplinary nature of the subject area as learners constantly apply their learning to both themselves, elite performers, coaches and practical situations.

WHY STUDENTS CHOOSE THIS COURSE

If you're thinking of a career in sport and want to develop and apply new skills, coaching techniques and tactics whilst gaining an academic qualification, BTEC Sport is for you. The course allows students to gain coaching, technical and physical skills whilst ensuring they have the right qualifications for University or employment.

WHAT STUDENTS CAN DO WITH THIS COURSE

Many students progress onto a university degree or higher apprenticeship in sport therapy, personal training, sports studies, coaching, human movement studies, leisure and recreation courses or train to be physical education teachers. The qualification carries UCAS points and is recognised by higher education providers as contributing to meeting admission requirements to many relevant courses such as:

- BA (Hons) in Sports Development and Management
- BSc (Hons) Sports Business Management
- BSc (Hons) Sports Science
- BSc (Hons) in Exercise, Health and Fitness
- BSc (Hons) in Sport and Exercise Psychology.

Learners should always check the entry requirements for degree programmes with the specific higher education providers.

HOW THIS COURSE IS ASSESSED

The following units are assessed through external examination:
Unit 1 Anatomy and Physiology
Unit 2 Fitness Training and Programming for Health, Sport and Well-being
Unit 19 Development and Provision of Sport and Physical Activity
Unit 22 Investigating Business in Sport and the Active Leisure Industry
All other units are assessed internally through controlled assessment.

ENTRY REQUIREMENTS

All our course entry requirements are detailed in the Entry Requirements document located in the admissions section of our website.

FURTHER READING

BTEC Sport. Pearson BTEC National Sport. Student Book 1. (2016) will provide any potential student with a valuable resource to complement their notes.

Pearson Revise BTEC National Sport Revision Guide (2016) and Pearson Revise BTEC National Sport Revision Workbook (2016) will also provide valuable revision material for the externally assessed units 1 and 2.

What the course covers

Students can choose to study Sport as a single (1 A-level equivalent), double (2 A-level equivalent), or triple (3 A-level equivalent)
Units studied are:

Single Award

Mandatory Units:
- Anatomy and physiology
- Fitness training and programming for health, sport and well-being
- Professional development in the sports industry
- Optional Units*:
- Application of Fitness Testing.

Double Award

Mandatory Units:
- All mandatory units studied in Single Award +
- Sports Leadership
- Investigating Business in Sport and the Active Leisure Industry
- Skill Acquisition in Sport

Optional Units*:
- Application of Fitness Testing.
- Principles and Practices for Outdoor and Adventurous Activities
- Work experience in active leisure

* Subject to change and chosen by the College

Triple Award

Mandatory Units:
- All mandatory units studied in Double Award +
- Practical Sports Performance
- Coaching for performance
- Research methods in sport
- Development and Provision of Sport and Physical Activity

Optional Units*:
- Application of Fitness Testing.
- Principles and Practices for Outdoor and Adventurous Activities
- Work experience in active leisure
- Rules, Regulations and Officiating in Sport

* Subject to change and chosen by the College



FURTHER INFORMATION

The complete specification can be viewed on the Pearsons website: https://qualifications.pearson.com