

DIXONS
SIXTH FORM
ACADEMY

Staying Safe Online

Learning Intention: *What is a digital footprint?*

Learning goals

1. Understand the dangers of posting online
2. Understand what grooming is
3. Learn how to stay safe online

Big Picture Link

Now that we are working remotely you will be spending even more time online both for work purposes but also to socialise with your friends. We will look at how we can stay safe online

Online Grooming

- Grooming is when someone builds an online relationship with a young person and tricks them or pressures them into doing something sexual. We're here to tell you what you need to know to keep you and others safe from online grooming.



WHAT'S ONLINE GROOMING?

Anyone can groom another person. A 'groomer' is someone who makes an emotional connection with someone to try and make you do things like:

- have sexual conversations online or by text messages
- send naked images of yourself, which is sometimes called [sexting](#)
- send sexual videos of yourself
- do something sexual live on webcam
- meet up with them in person.
- They might be old, or young. And they can be male or female.
- Most of us talk to people online – it's a great way to stay connected. It can even be a good way of making new friends sometimes. But it's really important to understand the dangers of talking to someone you don't know.
- If you send someone sexual photos or videos of yourself, you lose control over what happens to them. The other person may end up sharing them with other people who might then keep sharing them.

HOW TO TELL IF SOMEONE IS A GROOMER

- When people are online, they can hide who they really are. They might send you a photo or video they say is of themselves when it isn't actually them. So it's important to be really careful and not trust people online if you can't be sure who they are.
- Sometimes the person might pretend to be like you and have the same interests or problems as you. They could just be doing this to get you to trust them, so later on they can get you to do what they want.
- Grooming doesn't only happen online. It can happen with people you've already met in person, for example through your family or at a club you go to.
- If someone is an abuser, they might be nice to you, give you their attention and buy you presents. They could do this to try and make you like them. Once you start to trust them more, they might try to start to turn your relationship into something more sexual. They might try to give you gifts or even threaten you with violence so that you don't tell anyone.

Video

- Groomed Through Gaming: The Murder Of Teenager Breck Bednar



ESSEX POLICE EMERGENCY?

G GUIDANCE: Some upsetting scenes

Video

 Online Grooming ft. TycerX | Voice Box | Childline  Copy link



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WHAT TO DO IF YOU THINK YOU'RE BEING GROOMED

- Ask the person to stop
As a first step, you might want to deal with the situation yourself. For example, you could ask the person to stop - tell them you don't feel comfortable sending sexual images of yourself.
- Tell an adult you trust
If the groomer keeps talking to you, it may be best to [tell an adult you trust](#) or report them. Telling someone can seem really scary and you might feel like you'll get in trouble. It could also feel embarrassing. But telling someone can really help you start to get out of a bad or uncomfortable situation.
- Report it
You can [report an adult or stranger](#) if they've sent you a sexual message, asked you to send them a sexual message, sent anything that makes you feel uncomfortable or asked you to meet up with them.

Help and Support

- <https://www.childline.org.uk/info-advice/bullying-abuse-safety/online-mobile-safety/online-grooming/>
- Call 0800 1111 - Childline
- <https://www.internetmatters.org/issues/online-grooming/>
- Speak to the safe guarding team



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SAFEGUARDING

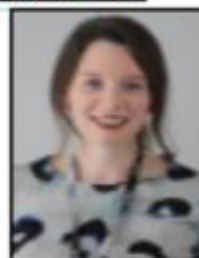
If you have any concerns about the safety or welfare of a student or yourself, you should see one of the members of staff below DSFA Safeguarding Team



Salma Aziz
Assistant Principal
Designated Safeguarding Lead



Mark Rothery
Principal
Deputy Designated Safeguarding Lead



Rose Woodard
Assistant Principal
Deputy Designated Safeguarding Lead



Martin Pilkington
SENCO and Safeguarding Lead



Zina Poo
Assistant Principal
Deputy Designated Safeguarding Lead



Paul McLaughlin
Program Administrator
Safeguarding and Wellbeing

DSFA Safeguarding Team

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